**Donna Natole** is President of the Britthaven Nursing Home Volunteer Auxiliary. Natole is also a regular volunteer who "does it all" to create a positive experience for the residents of Britthaven. Whether she's calling bingo on a Sunday evening, adorning the doors of Britthaven residents with seasonal decorations, or grooming the resident dogs, Natole always finds the time to make a difference.

**Dr. Karen Beck** is a volunteer with the Alligator River National Wildlife Refuge. Her volunteer activities are focused in support of the Red Wolf Program. She typically volunteers more than 40 hours per week with the refuge. Dr. Beck says the sacrifice of working long hours in the field and being away from her husband and two golden retrievers is worth the effort, in that the Red Wolf was on the verge of extinction, but the reintroduction has been a success.

**Lou Browning** is a certified SCUBA diver and volunteers with the North Carolina Aquarium on Roanoke Island. Browning leads a three-person volunteer dive team that cleans the various tanks at the aquarium, including the Shark Tank! Browning has been a volunteer with the aquarium since it reopened in May of 2000, and drives from Frisco once a week to spend a full day volunteering at the aquarium.

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